

PHARMACY *Newsletter*



NOSTRAND AVE PHARMACY

JANUARY 2024

Happy Healthy New Year!

Welcome to the winter edition of our Pharmacy Newsletter! With this newsletter we provide you with the latest updates, events, and information from the staff here at Nostrand Ave Pharmacy.

In our first edition of 2024 you'll find tips for staying healthy this winter, prescription service made easy, ways to take care of yourself, and an overview of pharmacy services.

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Tips for Staying Healthy This Winter



Wash Your Hands (And Do It Well!)

You can help yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs (preparing food, after using the restroom, and after coughing or sneezing).



Keep Your Fluid Intake Up

Even though you may not be sweating as much as you do during the summer, it's still vital to drink water and stay hydrated during the winter months. Don't just wait until you're thirsty to drink water - make sure to stay hydrated all day.



Drive Safely and Stay Home When Possible

During the winter months the weather can be unpredictable, and so can your car. If conditions look unsafe, stay put and wait until the roads are clear. It's not worth getting stranded in your car, or worse, getting into an accident when the roads are slippery.



Coping with Winter Blues

The cold weather and darker days can be difficult for those who struggle with Seasonal Affective Disorder (SAD). If you are struggling or need someone to talk to, schedule an appointment with our Behavioral Health team at CHDC.

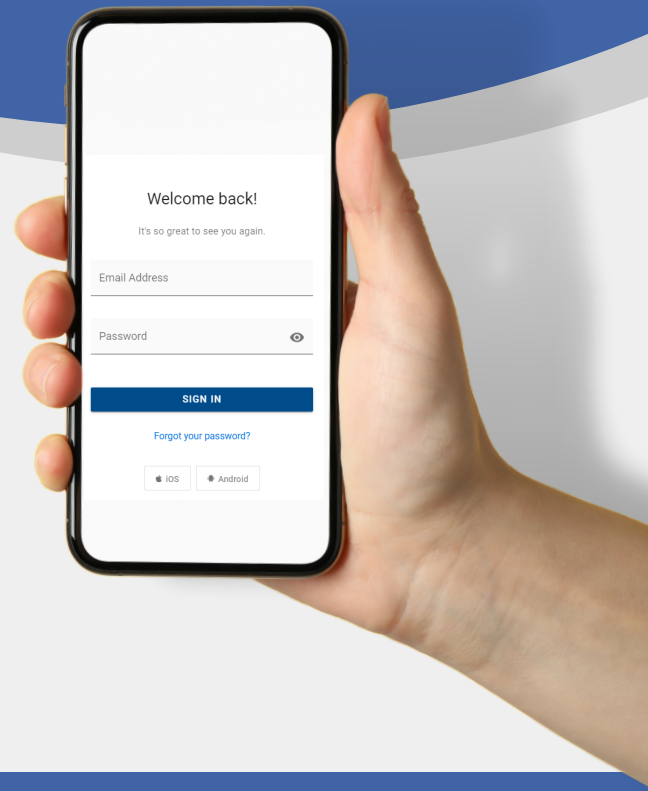




Signing up is EASY

Communication with your pharmacist is easier than ever with our Pharmacy Patient Portal!

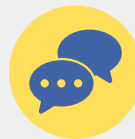
Visit [NOSTRANDPHARMACY.COM/PATIENT-PORTAL](https://www.nostrandpharmacy.com/patient-portal) to get started!



FILL RX



Request Medication Refills



Talk with your Pharmacist



Pay your Bill



Health Information



SERVICES AT NOSTRAND AVE PHARMACY

Have you visited the Pharmacy?



Patients can get their prescriptions filled right here at Nostrand Ave Pharmacy - with or without insurance! Here's what you need to know:

- Prescription refills and medication discounts available for patients
- Pick up your prescription on-site after your appointment
- You can keep filling your prescription for chronic medications
- Patients who qualify for a discount may pay as little as \$5 for a prescription!

We are proud to work with the patients and their providers. Through these partnerships, patients are able to take advantage of additional pharmacy services, medication discounts, and free medication delivery to those who qualify. Talk to your provider at your next visit about getting your prescriptions filled at our Pharmacy.

Visit www.nostrandpharmacy.com to learn or give us a call at 516-240-2844 to learn more.

WE'RE HIRING!

WANT A NEW JOB IN 2024?



Visit nostrandpharmacy.com/jobs

Current Openings:

Strategic Pharmaceutical Compliance Manager & Pharmaceutical Marketing Analyst

Requirements:

Must have BS in Pharmacy or equivalent and sound knowledge of pharmaceutical jurisprudence/Forensic Pharmacy, pharmaceuticals, pharmacology, pharmacology (herbal medicinal plants, seeds), quantitative knowledge of pharmaceutical marketing & statistical skills for cost benefit, pharmacy financial metrics & financial feasibility analysis for report presentation and developing pharmaceutical clinical services under applicable requirements, including Specialty Drugs Platform development and MTM services.

A fast growing pharmacy in Brooklyn, NY needs a BS pharmacy graduate for strategic planning and analysis and implementation of pharmaceutical compliance mechanism to research emerging pharmaceutical regulations and requirements of accrediting organizations to plan & execute pharmaceutical compliance policies, research trends and regulatory requirements of specialty pharmaceuticals, emerging generic pharmaceuticals, prepare generic pharmaceutical pricing strategies, DMEPOS, HHC, Herbals portfolio to promote & forecast sales/services of pharmaceuticals/specialty drugs, formulate company's revenues & pricing strategies, preparation of product promotion scientific literature examining chemical constituents, pharmacological response, botanical sources and health values of herbals, research pharmaceutical & medical literature for preparing content in company's news letter, present analysis of company's finances, sales and marketing information and reports

To Apply:

Nostrand Ave Pharmacy Corp, 1148 Ave., Brooklyn, NY 11225.

No phone calls please.

Our Services

**Healthcare Discounts
& Free Delivery
Available**



Physical Therapy Products
Therapeutic, Manual Therapy Products



Behavioral Health Products
Healthy Inside & Out



Prescription Synchronization
Discount Medication Refill Reminders



MTM
Medication Therapy Management Treatment



Center of Excellence
Opioid Use Disorder

Speak with a member of our staff for more information

Connect with us!

Want to be the first to hear about all the happenings at Nostrand Ave Pharmacy?

Newsletter

By signing up you will receive the Pharmacy Monthly Email Bulletin. This is a great resource to see an overview of upcoming events, community involvement, and important health news.

- Sign up by visiting our website at nostrandpharmacy.com
- Click the button labeled "Newsletter"
- Fill out your information, we just need your name and email
- Look forward to receiving Pharmacy Newsletters via email!



Website

Our website is full of resources for patients! Check back often, we update our website in order to provide the most useful information possible.

Free Prescription Delivery



- List of Services
- Patient Portal
- COVID-19 Information
- And More!

Visit our website: nostrandpharmacy.com

